

Now as Christian was walking by himself, he spied one afar off come crossing over the field to meet him; the gentleman's name was Mr. Worldly-Wiseman who dwelt in the town of Carnal Policy.

Said he, "How now, good fellow, whither away after this burdened manner?"

"I tell you, Sir, I am going to yonder wicket-gate before me; for there, as I am informed, I shall be put into a way to be rid of my heavy burden. I was bid by a man that appeared to me to be a very great and honourable person; his name, as I remember, is Evangelist."

"There is not a more dangerous and troublesome way in the world than is that unto which he hath directed thee! Hear me, I am older than thou. Thou art like to meet with, on the way which thou goest, wearisomeness, painfulness, hunger, perils, nakedness, sword, lions, dragons, darkness, and, in a word, death, and what not! I could direct thee to the obtaining of what thou desirest, without the dangers that thou in this way wilt run thyself into; yea, and the remedy is at hand. Besides, I will add, that, instead of those dangers, thou shalt meet with much safety, friendship, and content... Why, in yonder village named Morality, by the hill of Mt Sinai—there dwells a gentleman whose name is Legality, a very judicious man, and a man of a very good name, that has skill to help men off with such burdens as thine are from their shoulders.

So Christian turned out of his way, to go to Mr. Legality's house for help; but, behold, when he was got now hard by the hill, it seemed so high, and also that side of it that was next the wayside, did hang so much over, that Christian was afraid to venture further, lest the hill should fall on his head; wherefore there he stood still, and knew not what to do. Also his burden now seemed heavier to him, than while he was in his way. There came also flashes of fire out of the hill and Christian was afraid that he should be burned. Now he began to be sorry that he had taken Mr. Worldly-Wiseman's counsel.

With that he saw Evangelist coming to meet him; at the sight also of whom he began to blush for shame. So Evangelist... began to reason with Christian.

"What dost thou here, Christian?" said he; at which words Christian knew not what to answer; wherefore at present he stood speechless before him.

Said Evangelist, "Stand still a little, that I may show thee the words of God."

After which he said, "Thy sin is very great, yet will the man at the gate receive thee, for he has good-will for men; only," said he, "take heed that thou turn not aside again, lest thou perish from the way."

Then did Christian ready himself to go back; and Evangelist, after he had kissed him, gave him one smile, and bid him God-speed. So he went on with haste, neither spake he to any man by the way. So, in process of time, Christian got up to the gate.

Now, over the gate there was written, "Knock, and it shall be opened unto you."

He knocked, therefore, more than once or twice, saying— "May I now enter here? Will he within Open to sorry me, though I have been an undeserving rebel? Then shall I Not fail to sing his lasting praise on high."

At last there came a grave person to the gate, named Good-will.

When Christian asked, Good-will said, "We make no objections against any, notwithstanding all that they have done before they come hither. They are in no wise cast out."

Don't Worry!

Sabbath

Statistics show that about 20% of teens will experience teen depression before they reach adulthood. There are many causes of depression including a traumatic event, illness or ill health, family history, and extreme stress. Taking care of your health by exercising regularly, drinking water, eating lots of vegetables, getting plenty of sleep, and having a relationship with God, will minimize your risk of getting depression, and if you get depression they will help your recovery.

Symptoms of depression

When someone is depressed he may:

- feel hopeless, like there's nothing to look forward to;
- not be interested in anything, because nothing seems fun anymore;
- have no energy;
- cry and not know why he's crying;
- feel lonely or unloved;
- not want to be with other people;
- feel anxious, grumpy or bad tempered;
- feel empty or numb;
- want to do nothing but sleep, or be unable to sleep;
- get headaches or stomach aches;
- not eat and lose weight, or eat much more than usual;
- be reckless or take unnecessary risks;
- use more, or start to use, drugs, including alcohol or tobacco;
- think of death or suicide.

If someone is suffering from five or more of these symptoms for most of the time over 2 weeks or longer, then he is probably 'clinically depressed' (ie. he has a mental illness called depression).

Getting help for depression

There are a number of people who can help someone who is depressed. It can be a good idea to start with the family doctor, a doctor or counsellor in a youth health service, or a counsellor at school.

In Australia you could call the Kids Help Line on 1800 55 1800.

WARNING!

If you feel so depressed that you want to harm yourself (Or you think a friend might feel this way), it is important to talk to someone straight away. Tell a person you trust or speak to a health care professional.

Year 2, Quarter 4, Week 3, Level: "Pre/Teens"

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For information on depression see: www.youthbeyondblue.com

Refer: Matthew 6:19-21; 25-34; 10:29-31; Luke 12:2-9, 13-15, 22-34; 16:1-9; John 10 NLT; *Desire of Ages* p476-484

Sunday

Jesus would often sit down on a hillside and talk to the crowds of people who followed Him. One day He said:

"You don't need to worry about whether you have enough food, drink, or clothes. Look at the birds; they don't grow or buy food; your heavenly Father, feeds them. You are far more important to God than they are!



"And why worry about your clothes? Look at the beautiful lilies. They don't work or make their clothes, yet they are more beautiful than the richest King!

"God cares for the wildflowers that only last a short time and He will certainly care for you.

"So don't worry about what you will eat, drink or wear; your heavenly Father already knows what you need. Put God above everything else, and He will give you everything you need.



"A single sparrow can't fall to the ground without your heavenly Father knowing it. He even knows how many hairs are on your head.

"So don't be afraid; you are more valuable to God than a whole flock of sparrows.



"Don't collect treasures on earth but in heaven; treasures on earth can be stolen, damaged or worn out, but heavenly treasures last forever.

"You cannot love both God and money, like you cannot serve two masters - you will grow to love one and hate the other."

Friday

What do we need to remember?

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A	B	C	D	E	F	G	H	I	J	K	L	M
⊙	①	①	⑩	⑦	④	⑦	⑤	✚	③	😊	⑥	⑨
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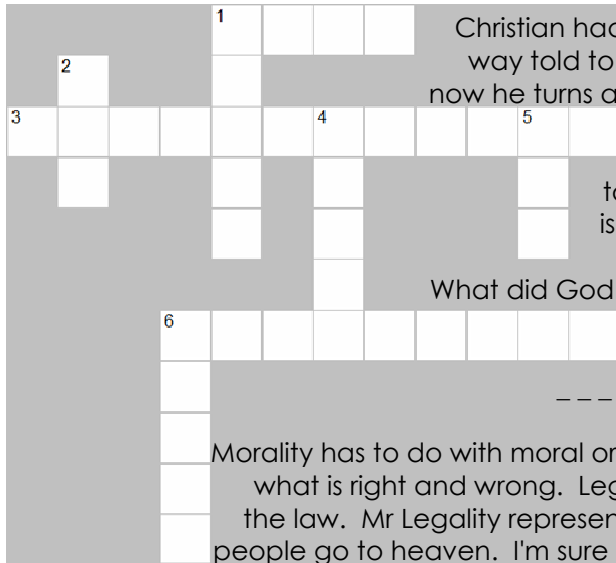
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Sometimes people are afraid to come to God because they are worried that they are not good enough. This too is a trick of Satan. Like the thief on the cross, like Paul the Apostle who had executed God's people, Matthew the tax collector and the many people to whom Jesus said, "Your sins are forgiven." God wants us to come to Him just as we are and then He will change us and help us to grow to be more like Him.

Thursday

Have a read of the story on the back page.



Christian had chosen to follow the way told to him by Evangelist but now he turns aside as advised by Mr Worldly-wiseman, to find Mr Legality in the town of Morality which is on the Hill of Mt Sinai.

What did God give to the people of Israel at Mt Sinai?

Morality has to do with moral or morals, which means what is right and wrong. Legality means following the law. Mr Legality represents the idea that good people go to heaven. I'm sure Mr Legality could say,

like the rich man who came to Jesus, "I have obeyed all these commandments since I was young." Mark 10:20_{NLT}
How does God see good people?

Isaiah 64:6_{NIV}, "All our _____ acts are like filthy rags."

What did King Solomon say about worldly wisdom?

Proverbs 16:25_{NIV}, "There is a way that appears to be _____, but in the end it leads to _____"

We have absolutely no hope of ever being good enough to save ourselves; anyone who says otherwise is not from God. They are like the thief in Jesus story, climbing over the sheepfold walls, or the hired man who runs away from the sheep as soon as there is any danger.

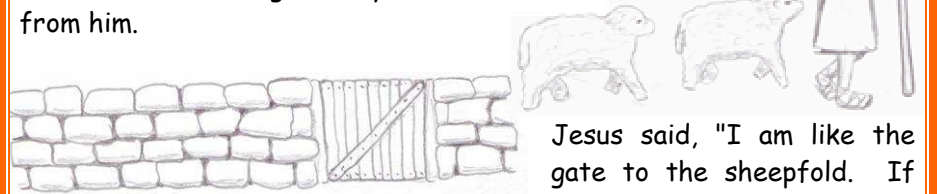
Ephesians 2:8_{NIV}, "For it is by _____ you have been saved, through faith – and this is not from yourselves, it is a _____ of _____."

Monday

On another day Jesus pointed to the sheep grazing nearby and said:

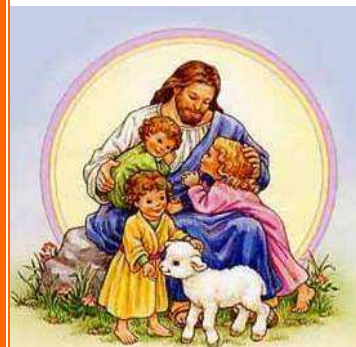
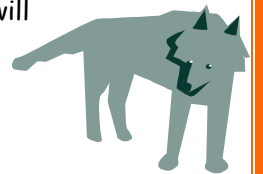
"A thief will sneak over the wall of a sheepfold, but the shepherd will go through the gate.

The sheep know the shepherds voice and come to him. They won't follow a stranger; they will run from him.



Jesus said, "I am like the gate to the sheepfold. If anyone tells you, you can get to Heaven by another way; they are like the thief who climbs over the wall, because the only way to heaven is through me.

"I am like a good shepherd. The good shepherd will give his life to protect the sheep. A hired man will run when he sees a wolf coming, he doesn't really care about the sheep.



"I am the good shepherd; I know my own sheep, and they know me. I will give my life for the sheep."

One day the people asked Jesus if He was the Messiah. He replied that He had already told them but they didn't believe because they were not His sheep. Some of the people picked up stones to kill Him because He claimed to be God so He left that area.

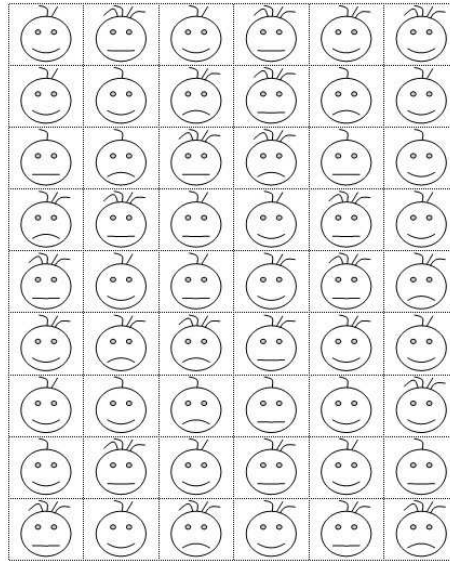
Another time, Jesus said, "Don't be afraid of people who can kill your body; the only one you should fear is God who gives eternal life."

Tuesday

What shouldn't we do?

Jesus said God knows how many hairs we have! - Colour the squares with faces which only have one hair in to find out.

Jesus said that God will make sure we have food, water and clothes. We don't have to worry about these things.



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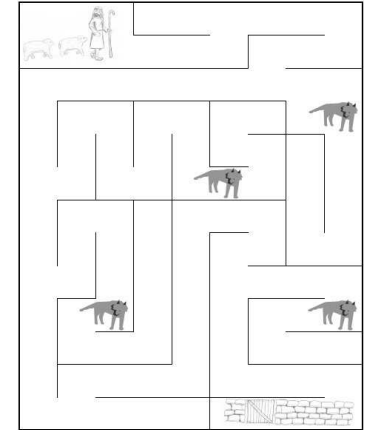


Wednesday

Find a safe way for the shepherd to get to the sheepfold without going near any wolves.

Jesus said you can tell a true shepherd because they: (unscramble the words to find the answers from Mondays lesson)

- Use the **TAEG** to the sheepfold
- Are willing to give their **FILE** to protect the sheep
- Their **CIVOE** is known by the sheep



Jesus said that He is the only way to heaven – like the _ _ _ _ of the sheepfold.

Jesus said that He is also like the _ _ _ _ _ _ _ who looks after the sheep and protects them and even gave His life for us.

Jesus' sheep are the people who **follow** Him and He **cares** for them. The Pharisees and the people who refused to believe in Jesus were not His sheep because they chose not to be. You can choose to be one of Jesus sheep – one of the people who follows Him and who He looks after. You just need to tell Him that that is what you want.

Following Jesus is not always easy, it means doing what He wants you to do instead of just doing whatever you want, but it is always the **best** and **safest** and **happiest** way in the long run.

Fit the scrambled, missing and underlined words into the grid.

